



Hi...welcome back...and welcome to the next evolution of glenn's diner...



...traditions still live on...16 pieces of fresh fish daily...the cereal wall...breakfast anytime you like...king crab legs Tuesdays...a family friendly seafood diner...say hello to our new fish market...a new way of getting fresh fish fast...quick healthy prepared "sea plates" are only 5 minutes away...your everyday answer to absolutely fresh seafood...welcome back to

fahlstrom's fresh fish market

Salads

BELMONT AVE SEAFOOD SALAD

...Duck Trap smoked trout, king crab, shrimp, mussels in shell, fresh spring mix, tomatoes, red onion, avocado with apple cider vinegar and oil and spices.....\$16.99

B.L.T.AND GRILLED SHRIMP SALAD

...flat top fresh bacon, grilled seasoned shrimpies, juicy red tomatoes, tossed together with bibb lettuce, basil yogurt mayo dressing.....\$9.99

GRILLED CHICKEN CAESAR - OR - SMOKED SHRIMP CAESAR SALAD

...this baby is tossed with our Caesar dressing, fresh shredded parmesan, crowned with grilled chicken or shrimp.....\$10.99

CHOPPED TOSSED COBB SALAD

...no more neat little rows of sliced egg, warm bacon, tomatoes, cucumbers, bleu cheese crumbles and spring mix...it is now chopped, tossed and dressed...may we suggest cool ranch dressing.....\$7.99

BROWN SUGARED GEORGIA PECAN SALAD

...fresh spring mix with tomatoes, red onion, sliced egg, bleu cheese crumbles, cukes, and lovely brown sugared Georgia pecans, tossed and dressed...Glenn recommends balsamic vinaigrette.....\$9.99

SPINACH SALAD

...no tossing here, baby fresh spinach, chopped bacon, red onion, tomatoes, sliced egg and "OMG" warm bacon dressing.....\$9.99

MARKET SALAD.....\$3.49

...fresh spring mix, tomatoes, red onion, cucumber and some croutons.

Really nice add-ons

Grilled Chicken.....	\$2.49
Duck Trap Smoked Trout.....	\$5.99
Smoked Shrimp.....	\$5.99
5 oz Salmon.....	\$7.99

DRESSINGS: apple cider vinaigrette, bleu cheese, thousand island, parmesan buttermilk, balsamic vinaigrette, ranch, sweet warm bacon

Soups

NEW ENGLAND CLAM CHOWDER WITH BACON

Cup.....\$3.99 Bowl.....\$5.49

SOUP OF THE DAY

Cup.....\$3.99 Bowl.....\$4.99

Kids

Grilled Cheese.....	\$3.49
Cheeseburger.....	\$4.49
Market Mac & Cheese.....	\$6.99
Pancake Stix (Chocolate Chip).....	\$4.29
French Toast.....	\$3.49

Sandwiches

All of the following come with your choice of potato pancake, cole slaw, or fresh veggies.

GLENN'S PO'BOYS

Pan-Fried Drake's Shrimp.....\$11.99

Pan-Fried Cornmeal Catfish (Juicy).....\$11.99

...leaf lettuce, "house" tartar sauce, red onion, toasted "soft" French loaf... add tomato and bacon for.....\$1.99

FAHLSTROM'S BURGER

...a half pound of chopped sirloin, 80/20 mix p ate seasoned, with a slice of raw onion, leaf lettuce, poorman's 1000 island dressing, tomato, you choose cheese...cheddar, swiss, american, bleu cheese, King's hawaiian bun...nobody else has this.....\$8.99

THE REUBEN.....\$8.99

...HOT Vienna corned beef, thick swiss cheese, 1000 island dressing, sauerkraut...chicken liver p ate spread...fresh rye bread...flat top hot...

SO YOU THINK YOU'RE DIFFERENT BURGER.....\$8.99

...during the great cow shortage of 1934 the veggie burger gained popularity...we mix chick, black and white beans, rolled oats, roasted red bell, artichoke, garlic and red onion and more...served on toasted multigrain bread with avocado spread, leaf lettuce and tomato...good luck cows...

WOOLWORTHS MEATLOAF SANDWICH DREAM

...close your eyes...you are at Woolworths luncheonette...you order a meatloaf sandwich with mayo and a side of creamy cole slaw...green peppers, onions, and seasonings...fresh white bread...open your eyes...it's Fahlstrom's...we have iced tea, too.....\$8.99

CHICKEN BREAST SANDWICH

...I hate skinless, boneless chicken...the staff like it...so do most of the customers...soft bacon, swiss cheese, leaf lettuce, red onions and mayo on grilled Texas toast...add avocado for \$1.50.....\$7.99

BACON, LETTUCE AND TOMATO

...this is a big B.L.T...we upgrade the lettuce and cook the bacon to order.....\$6.29

GRILLED CHEESE AND TOMATO

...american, swiss, provolone, cheddar, bleu cheese...you add the soup and we provide the Dr. Seuss book to go along with this childhood favorite.....\$4.99

...add ham or bacon for \$1.99

...add soup and we take \$.75 off soup price (cup or bowl)

Sides

Sunrise Medley Potatoes.....	\$1.99
Creamy Cole Slaw.....	\$1.99
"House" Potato Pancake.....	\$1.99
Market Mac & Cheese.....	\$6.99
Fresh Vegetable.....	\$2.29
Seasonal Fresh Fruit Bowl.....	\$5.99
Cornbread and Shrimp Stuffing.....	\$8.99

Breakfast anytime

All egg dishes come with "house" potato pancake and choice of toast: white, multigrain, raisin, english muffin, or rye.

3 EGGS

...prepared your way..... \$4.99
 ...with bacon, ham on the bone, or sausage..... \$6.99

CHIVES AND PARMESAN SCRAMBLED EGGS

...a big plate of soft scrambled eggs blended with fresh parmesan and chives..... \$6.99
 ...with bacon, ham on the bone, or sausage..... \$8.99

STEAK AND EGGS

...6 oz steak, 3 really nice eggs prepared your way..... \$12.99

3FM EGG SANDWICH

...a small house of a sandwich...eggs your way, soft bacon and "you choose" cheese and bread..... \$7.29

FAHLSTROM'S OMELETTES

...4 eggs blended, light and fluffy..... \$7.99
 ...with any three "you choose"..... \$9.99
 ...extra "you choose"..... \$1.19

"YOU CHOOSE": american, cheddar, swiss, bleu cheese, parmesan, maple ham on the bone, bacon, sausage, tomato, green peppers, red onion, mushrooms, spinach

BUTTERMILK PANCAKES

...3 cakes to a plate, powdered sugar, whipped butter

Hershey's Chocolate Chip..... \$7.59
Brown Sugar Maple Pecan..... \$7.59
Fresh Blueberry..... \$7.99
Banana Foster Apple Pancakes..... \$9.99
 Apple pancakes, topped with our lush bananas foster sauce... buttered and dusted.
Regular ol' Buttermilk Pancakes..... \$5.99

Pancake Sandwich

Bone-in ham between 2 pancakes, topped with eggs your way... \$8.49

ALBERT'S FRENCH TOAST

...maple syrup, cinnamon, thick vanilla buttermilk egg wash...3 slices you choose bread, whipped butter, powdered sugar, crème anglaise..... \$6.29

CEREAL, CEREAL, CEREAL

...over 35 choices of America's pastime with really cold milk, chilled bowl and fresh fruit..... \$4.99
 ...free 2nd bowl of cereal.....extra milk..... \$1.59

Breakfast upgrades

Brown Sugar Georgia Pecans..... \$2.49
 Hershey Chocolate Chips..... \$2.29
 Spinach and/or Tomatoes..... \$2.29
 Seasonal Fresh Fruit...(blueberries, bananas, strawberries).... \$2.29

Juices

	small	large
Fresh Orange Juice with pulp.....	\$2.69	\$3.79
Tomato Juice.....	\$1.99	\$2.49
Cranberry Juice.....	\$2.59	\$3.59
Apple Juice.....	\$1.99	\$2.49

Weekend only breakfast

Blackboard menu not available from 9am to 3pm on Saturday and Sunday. Fish market menu always available.

BENEDICTS

Ham On The Bone..... \$9.99
Alaskan King Crab Cake..... \$17.99
Fresh Spinach & Tomato..... \$10.99

SCRAMBLES

Polish Kielbasa
 Polish kielbasa, sauerkraut, american cheese..... \$10.99
Grilled Salmon
 Grilled salmon, fresh dill, boursin cheese, red onion..... \$14.99
New Orleans
 Tiger shrimp, andouille sausage, peppers, onions..... \$11.99

WAFFLES

Strawberry Waffle...fresh strawberries inside and out..... \$8.99
Chocolate Chip Waffle...chocolate chips inside and out..... \$7.99
Blueberry Waffle...blueberries, and yes, inside and out..... \$8.99
Regular ol' Waffle..... \$5.99

Corned Beef Yukon Gold Potato Hash and Eggs

Corned beef, potatoes, red and green onions, fresh basil, 3 eggs..... \$9.99

Rushing Waters Smoked Trout Hash and Eggs

Rushing Waters smoked trout, potatoes, red and green onions, cream, 3 eggs..... \$15.99

Chicken and Waffles

Pan fried skin on chicken breast, apple whiskey crème anglaise, 2 eggs..... \$12.99

Ham, Shrimp, Bacon and Grits

Ham, bacon, shrimp, and mushrooms on top of creamy cheese grits, with 2 eggs..... \$13.99
 Without eggs..... \$10.99
 Just cheese grits..... \$2.99

Seasonal Vegetable Frittata

5 assorted seasonal veggies, cheddar cheese..... \$10.99

Seasonal Strudel

Shrimp, Alaskan king crab, hardboiled egg, Edgemont cheese, puff pastry, topped with mushrooms and hollandaise..... \$13.99

Breakfast sides

One Egg..... \$1.00
 Toast..... \$1.79
 Short Stack..... \$3.29
 Potato Pancake..... \$1.99
 Sausage, Bacon or Ham..... \$2.99

Liquids

SOFT DRINKS...Classic Coke, Diet Coke, Fanta Orange, Sprite, Pink Lemonade, Ginger Ale (free refills)..... \$2.19

BERGHOFF ROOT BEER...ORANGE CREAM SODA

...in a bottle with an ice cold glass on the side (no refills)..... \$2.39

COFFEE...regular or decaf..... \$2.29

TEA...iced or hot..... \$2.29

HOT CHOCOLATE..... \$3.49

MILK...white or chocolate.....small...\$2.29.....large...\$2.79

==== *I believe it is the fundamental right* ====

of every human to have access to affordable Alaskan king crab legs at least once a week...Tuesdays...4pm - 9pm... all you can eat...market price...reservations needed...no sharing...no way...no how...no need to thank me...

Breakfast is more of a state of mind rather than a time of day so the market offers breakfast all day long.



Glass of wine...\$9.00
Bottle of wine...\$36.00

Whine

Red

BODEGA NQN PINOT NOIR "MALMA", Argentina 2013

My country of life...ruby red sunsets...the berry berry morning air...oak stares front door...tannin running in a soft dress...lean fingers feel the smell of rhubarb...assume nothing and be always surprised...

BOXHEAD CABERNET SAUVIGNON, Australia 2010

A layered relationship is all I ask...bring your chocolate treats to my burger shack...your first name is playful...my desire is leg rubbing hand holding plum evening walks...full bodied exotic spice night sleep and o'yea, salt and pepper on my eggs in the morning...

BODEGA GOUGUENHEIM MALBEC, Argentina 2011

UCO Valley breathes through Andes Mountain snow...ripe lungs and a candied throat and all of the black currant girls want to live there...but Malbec the landlord wants more...a chocolate sing song would go nice with his mince pie...the rent is due yet Malbec wants to dance...

FIELD STONE MERLOT, Alexander Valley 2011

A thin red scarf covers her glow...you hold her in place with a chalky leather "stay please"...the taxi window opens and dry air is all around you...the thyme is now...big red wants to drive...yet you walk her home all the same...

RAW POWER SHIRAZ, Australia 2012

45 year old vine bruising wine...Rawley Power sings and we hear bearded lady fruit songs...long blackberry solos...blueberry trumpets...violet trombones...chocolate and vanilla drummers...the circus is in town and it is purple liquid...

BARBERO'S BARBERA D'ALBA 'GRANATA' 2012

Laura walking toward me in her ripe tannin nurse uniform...three dog night sweet music memories...a vibrant dark berry mustang with a mellow barrel sound...toasted skinny oak arms...a desire to mate, now!...Laura is mine...unattached memories...all are true except one...and I am diminished...

POGGIO ANIMA NERO D'AVOLA 'ASMODEUS' 2012

Licking your fingers from a grape popsicle meltdown...the lustfull "night before" smell of your body...the savvy lushness of a blueberry plum mouth...a flick of pasta then a sip of wine...you have your marching orders...

PASIÓN DE BOBAL, Spain 2010

Jurassic was a young boy with no shoes...he left toasted notes in the soil when he walked...creamy vanilla who lives in the forest followed his every note...she was his true love and the sky would burst in orchestra hue when she thought of him...if only he could slow down his pace...sometimes it is best to fallow when growing, then to lead...

Bere

I am beer in a can, yes I am

DALE'S PALE ALE Beer Style: American Pale Ale – ABV: 6.5%
Voluminously hopped, delivering an assertive-but-balanced flavor of pale malts and citrusy florals from start to finish..... \$5.00

ANDERSON VALLEY BOONT AMBER Beer Style: Amber Ale – ABV: 5.8%
Whole-cone hops impart a crisp, clean finish. Hints of sun toasted grain, toffee, and fruit compliment the mellow noble hop aroma..... \$5.00

HALF ACRE GOSSAMER Beer Style: Golden Ale – ABV: 4.2%
Well-balanced: Malts and fruit accompanied by an earth and citrus rind bitterness, leaving a long lingering deliciously dry finish..... \$5.00

CAPITAL SUPPER CLUB Beer Style: Classic Wisconsin Lager – ABV: 5%
Light aromas of ripe corn, fresh-cut grass, light malts, and buttered bread. Effervescence of lemon and gentle hops. Light- to medium- clean and dry. \$5.00

The bottle's for me, please set me free

GREEN FLASH Beer Style: West Coast IPA – ABV: 8.1%
Hops! Big piney hops. Great aromatics. Screaming west coast IPA. Big rush of pine and malty caramel sweetness. One sharp powerful ale..... \$6.00

LEFT HAND MILK STOUT Beer Style: Sweet Stout – ABV: 6%
Excellent sweet-bitter balance. Some hops with hints of dark chocolate and coffee in the roasty aftertaste. Smooth, medium body. Well carbonated... \$5.00

LAGUNITAS LITTLE SUMPIN SUMPIN Beer Style: American Wheat – ABV: 7.5%
Lots of citrus in the aroma, grapefruit and pine. Hoppy dry bitter finish... \$6.00

White

CUCAO CHARDONNAY 2012

A lemon pool in the oak trees...this is where I swim...glass bottomed and me in crisp peach swim trunks...I am a very cool daddy with a view of the valley and variety in my stroke...on the deck are pineapple crackers with fruit butter...take my time...take my time...

ABELLIO ALBARIÑO, ESP 2012

Hail to the Spanish...skin an orange and squeeze it in your hands...as the juice drips down your honey arms past your leather watch band...you lick it up...you like it...orange rind zest slaps your face...this is no ride with the sugar fairy...matures drink this...I can't wait to be mature...maybe open a restaurant...

CHURTON SAUVIGNON BLANC, NZ 2012

Tonight I will fly...through smokey aire...I reach blue black currant night highs..."savvy" all around me...I cruise through earthly smells of grapes, nettles, gooseberries and Lisa...my hands form breast cups and capture cream in the air...I wake, startled, proud that I can fly like no one else...then fall back into spoon sleep with Lisa...

CESANI VERNACCIA DI SAN GIMIGNANO, Tuscany 2013

What is common in Tuscany is an Almond Joy to us...a cool blonde wood is now a new flavor...mild is bold enough and autumn olives are the new strawberry...walk the grounds outside your house and bring glass, always half full...life always finds a way...

SPARKMAN "BIRDIE" REISLING, Columbia Valley 2013

A 95° sun casts a long shadow...5 days in the dessert...hurting from the burning...a hotel mini-fridge mirage in the distance...inside is one bottle of "Birdie"...a white peach...a red apple...a box of sweet tarts...a cooked chicken...a "nice" piece of cheese and three beautiful ice cubes...you choose...

ALEXANDRIA NICOLE PINOT GRIS, Columbia Valley 2013

Jarred and Ali Boyle have created liquid perfume...a desire to be small and think large...a cool conversation reminds us of a palette of thoughts...answer back and the circle is complete...it's good when the decision is easy...

L'OLIVETO CHARDONNAY, Russian River Valley 2013

The priceless of young air...flowers cleave to it...you hand dance to the young air medley...cool minerals and the scent of a sweet eclaire...you are tripping and the only thought is more...more...living the dream...

ENOTRIA MOSCATO, Mendocino 2013

...Moscato me...sweet cleavage and soft words and intimacy is driving the car...the stoplight turns blue...sweet brown sugar crosses her lips and it is a kiss when she opens her eyes...tastes even better the second time...now it is your turn...Moscato me...Moscato me...I am a man for all seasons...Moscato me...

(bottles cont.)

STELLA ARTOIS Beer Style: Euro Lager – ABV: 5.2%
Only the very best barley and the finest hops are selected for Stella Artois. A full-bodied and exceptionally well-balanced beer..... \$5.00

FURTHERMORE FATTY BOOMBLATTY Beer Style: Strong Belgian Style Golden Ale – ABV: 7.2%
A big Belgian with crispiness to cut through the sweet profile, making you sip again and again. A dangerous beer indeed..... \$5.00

OSO NIGHT TRAIN Beer Style: Oatmeal Porter – ABV: 7.2%
A complex Oatmeal porter crafted with Crystal and Munich malts for a rich, smooth, creamy experience. One of the best porters from Wisconsin.... \$6.00

HINTERLAND SAISON Beer Style: Saison – ABV: 6.3%
A lemon-citrus aroma, brewed with Belgian specialty malts and a multitude of spices. Starts with a crisp citrus flavor leaving a spicy pepper finish.... \$6.00

LA FIN DU MONDE Beer Style: Triple Fermentation Golden Ale – ABV: 9%
This triple fermentation beer has an unexpected champagne-like effervescence. Slightly tart, with balanced flavors of wild spices, malt and hops... \$7.00

FIRESTONE DOUBLE JACK Beer Style: Imperial India Pale Ale – ABV: 9.5%
Aromas of tangerine and grapefruit blossom over the herbal blue basil and malty earthiness of this aggressive beer..... \$7.00

SOUTHERN TIER IPA Beer Style: IPA – ABV: 6.5%
Southern Tier IPA is triple-hopped on its journey to your glass for a fully aromatic experience..... \$5.00

MILLER LITE – 40 oz Bottle \$8.00 **STROHS** – 12 oz Bottle \$3.00

Prices subject to the vagaries of the free market system and the whims of our current administration.

==== *I believe* ====

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fahlstrom's fresh fish market



the fish market

SEA PLATES

==== *and* ====

SEA SANDWICHES

the fish market

SEA PLATES

CHOOSE TWO SIDES

Choices

SCOTTISH SALMON.....	\$9.95	ARTIC CHAR.....	\$11.95
PERUVIAN BLUE TILAPIA.....	\$9.95	RED SNAPPER.....	\$11.95
SUPERIOR WHITE FISH.....	\$9.95	MAHI-MAHI.....	\$11.95
IDAHO BROOK TROUT.....	\$9.95	RUBY RED TUNA.....	\$14.95
PACIFIC SWORDFISH.....	\$10.95		

Sides

PICNIC POTATO SALAD	RED CABBAGE CHERRY TOMATO SLAW, APPLE CIDER OIL AND VINEGAR
CREAMY COLE SLAW	MAYO-BASED SMOKED CORN AND DICED SWEET POTATO SALAD
MIDWEST PORK AND BEANS	WHITE RICE
HOUSE POTATO PANCAKE	

Things we do well

MUSSELS MARINARA.....	\$7.95	OYSTERS RAYFIELD.....	\$7.95
SWEET ORANGE JUICE		BOURBON GLAZE	
SMOKED SHRIMP CEVICHE.....	\$9.95/PINT	SALMON SALAD.....	\$10.95

1258 W. Belmont Ave, Chicago, 60657

the fish market

SEA SANDWICHES

CHOOSE ONE SIDE

Sandwiches

SMOKED STURGEON B.L.T. CLUB

Thin-sliced smoked sturgeon, toasted white bread, with tomato, lettuce and warm "soft" bacon in a club-style presentation..... \$12.95

THE "CRABSTER" ALASKAN KING CRAB ROLL

A "fat leg" portion of hot Alaskan king crab, warm buttered toasted "crabster roll" with mayo and celery, and seasoned. My telephone is 773-504-3937 if you want to thank me..... \$13.95

BAKED SALMON ON BLACK BREAD

Cold "baked-today" scottish salmon, black bread, sliced Gruyere, with orange mayo, lettuce, tomato...is the sun shining?..... \$11.95

ALASKAN KING CRAB DEVILED EGG SALAD

Deviled egg salad married to Alaskan king crab meat, toasted big rye, lettuce, and a little mayo..... \$9.95

TUNA MELT ENGLISH MUFFIN

Toasted english muffin, mounded with american tuna salad, melted cheddar cheese, with a side of thousand island dressing..... \$8.95

FISH TACOS

this month's taco...shrimp, bacon, parmesan cheese, cilantro and sliced avocado, shredded lettuce and avocado cream sauce...3 tacos to an order..... \$9.95

KING CRAB CAKE SANDWICH

Alaskan king crab cake, warm and toasted, Hawaiian King's bun..... \$13.95

SMOKED FISH SANDWICH

Toasted french roll beauty...with Duck Trap smoked trout spread...three types of thin-sliced smoked fish, thin-sliced Capicola ham, capers, cider-vinegar dressing...open-faced...

773-281-6000