



Salads 10

DINO KALE

castelvetro olive, cauliflower, carrot, black pepper pumpkin seeds, turmeric hummus

SUNFLOWER CAESAR

romaine, nutritional yeast, sunflower dressing

CATALAN BRUSSELS SPROUTS

apple, raisin, pinenut, sandita, lemon vinaigrette

Bowls & Wraps 13

choice of sprouted probiotic brown rice, quinoa, or 50/50

THE K-TOWN

kimchi, sesame seed, toasted seaweed, scallion, adzuki, ginger gochujang dressing

THE SMOKED BOWL

cherry tomato, succotash, cilantro, lime

OAXACAMOLE

salsa verde, black beans, avocado, pico de gallo, cilantro

POTACHOS

carrot queso, sunflower sour cream, pico de gallo, pickled jalapeño
(bowl only. does not include rice or quinoa)

Add a Protein

SANTA BARBARA AVOCADO 2
CALIFORNIA POACHED EGG 2
COTIJA 2
PETALUMA CHICKEN BREAST 3.5
KOREAN STYLE SHORT RIB 4.5
SCOTTISH SALMON 5

 **contains bee products**

*** consuming raw or undercooked vegetables can be extremely good for you!**

*** all items are available gluten free**

Snacks 5

BEEF JERKY

yuzu

MATCHA OLIVE OIL CAKE

coconut frosting

BLUEBERRY GRANOLA BARS

chia, date, walnut

Specialty Lattes 7

MATCHA LATTE

matcha, spirulina, maca, vanilla, coconut oil, almond milk

TURMERIC LATTE

turmeric, ginger, cinnamon, honey, almond milk

HIBISCUS LATTE

hibiscus, almond milk

Stumptown Coffee

DRIP 4
ESPRESSO 4
AMERICANO 4
LATTE 5
CAPPUCCINO 5

Art of Tea 5

EARL GREY
ENGLISH BREAKFAST
FRENCH LEMON GINGER
WHITE COCONUT CRÈME
EGYPTIAN CHAMOMILE
SENCHA
MINT GREEN
GREEN POMEGRANATE
JASMINE RESERVE



catering available for groups of all sizes, from office lunches to holiday parties. Contact us at info@beefsteakveg.com for more information.