

# Broken Coconut



## broken coconut yogurt

housemade dairy-free, probiotic rich yogurt

### MR PINK

dragon fruit, chia, coconut flakes

### PIPELINE

blueberries, banana, chia

### ROSEMARY BUCKWHEAT

raspberries, walnuts

### BLACK CHERRY BRAVO

black cherry, mint, almond, flax

\*ADD sugar free, gluten free granolas  
Coconut Almond Crunch or Turmeric Ginger Snap

## chia & oats (gf)

made with coconut milk

### CLASSIC

ceylon cinnamon, maple, toasted walnut

### BLUEBERRY COBBLER

vanilla, toasted almond

## all day toast

on Sullivan Street seven grain

### DUSTED AVOCADO

cherry tomato, smoked almonds,  
black salt

### CASHEW FLAX BUTTER

banana, maple, ceylon cinnamon

## blended smoothie bowls

made with coconut milk, flax & organic protein

### BLUE WAVES

e3 live, banana, spiced coconut,  
blueberries

### CLARET

acai, black cherry, maca

### PINK ISLAND GIRL

dragon fruit, raspberry, spiced coconut

### NUTELLAESQUE

hazelnuts, cacao, banana

## eggs

made with local Maple Meadow Farm eggs

### FARM SCRAMBLE

tomato confit, roasted asparagus, avocado

### GREENS, EGGS & YAM

green omelet, sauteed pea shoots,  
whipped purple yam

### KNOW BETTER TACOS

scramble, piquillo pepper sauce,  
spicy tomato jam, avocado

\*egg whites available

## sides

**TURKEY BACON  
SUPERGRAINS**

**DUSTED AVOCADO**

## beverages

coconut water based

### MIDNIGHT LEMONADE

activated coconut charcoal, aloe

### RELIEF

hibiscus, aloe

### IMMUNE POWER UP

acai, ginger

\*blended

### GLOW

collagen, matcha, coconut milk

### STAY GOLD

turmeric, ginger, cayenne  
pepper, coconut milk

### GREEN

spinach, avocado, chlorella,  
pear, vanilla

### CACAO-NUT

collagen, cacao, coconut milk,  
chia, vegan protein

### VANILLA ROSE

rose water, almond milk, chia,  
ceylon cinnamon, vegan protein

### SLEEPY BEAUTY

collagen, turmeric, spiced almond  
milk & butter, valerian root

# Broken Coconut



## bountiful bowls

### VEGAN DELIGHT

japanese eggplant, whipped purple yam, crunchy chickpeas, sauteed pea shoots, pickled daikon

### COCONUT BLACK RICE

romanesco, kabocha squash, zucchini, miso tahini

### SHRIMP SESAME SOBA

pickled ginger, asian pear, carrots, cucumbers, peppers

### CHICKEN+SUPERGRAINS

sauteed pea shoots, avocado, red onions

## salads

### RAINBOW

spinach, roasted beets, avocado, watermelon radish, sunflower seed vinaigrette

### TOKYO GREENS

mizuna, totsoi, rocket, cucumber, romanesco, wasabi almonds, yellow carrots, chickpeas

### ASIAN CHICKEN CAESAR

napa & red cabbage, kale, know better croutons, togarashi cashews

### SPICY TUNA

sushi grade big eye tuna, spicy shoyu, pickled ginger, avocado, red cabbage-apple slaw

## poke - ish

made with supergrains or sushi rice

### GINGER SHOYU TUNA

cucumber, mango, crispy onion

### CHILI PINEAPPLE TUNA

avocado puree, 3 chile sauce, crispy onions

### SWEET SESAME SALMON

carrots, cucumber, pickled daikon, asian pear

## sides

### SUPER GRAINS

### WHIPPED PURPLE YAM

### ROAST SWEET POTATO

### PEA SHOOTS GOMAE

### DUSTED AVOCADO

### CHICKEN SKEWER

### SHRIMP SKEWER

## all day toast

on Sullivan Street seven grain

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### VANILLA ROSE

rose water, almond milk, chia, ceylon cinnamon, vegan protein

### SLEEPY BEAUTY

collagen, turmeric, spiced almond milk & butter, valerian root