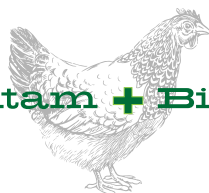


Bantam + Biddy



Rotisserie ^{GF}

served with a choice of two sides

¼ Carolina Chicken ~ \$10*

½ Carolina Chicken ~ \$14*

6 oz. Niman Ranch Pork ~ \$10

*all white meat ~ +\$1.50

Homemade Sauces

additional sauces +.50

Piri Piri

Wasakaka

Beer Mustard

Blue Ridge BBQ

Entrees

All entrees served with jalapeño cheddar bread; gluten-free bread upon request 1.50

Meatloaf - grass-fed beef, Kentuckyaki sauce, choice of 2 sides ~ \$12 ^{GF}

Rotisserie Chicken Penne Pasta - with basil pesto ~ \$12

Niman Ranch Pork Schnitzel - with onion salad, peanuts and parsley ~ \$14

Fresh Vegetable Plate - selection of 4 sides ~ \$12 ^{GF}

Pastured Chicken Sausage and Mash - served with homemade apple sauce ~ \$10

Fried Chicken Tenders - wasabi honey, choice of two sides ~ \$12 ^{GF}

Breakfast All Day - 3 organic eggs your way, local grits, bacon and spicy turnip greens ~ \$10

Sides ~ \$3.25

Anson Mill's Speckled Grits ^{GF}

Sautéed Brocolini and Garlic ^{GF}

Creamed Spinach ^{GF}

Duck Fat Fries ^{GF}

Organic Red Quinoa & Spinach ^{GF}

Aged Cheddar Mac & Cheese

Loaded Mashed Potatoes ^{GF}

Pickled Beets & Goat Cheese ^{GF}

Scoop of Pimento Cheese + .50

Carolina Red Peas & Rice ^{GF}

Spicy Turnip Greens ^{GF}

Scoop of Chopped Liver + .50

Salads ^{GF}

Pita croutons available upon request

Power House Salad ~ \$8

pastured egg, roasted brocolini, tomato, radish, sunflower sprouts and organic almonds

Organic Spinach Salad ~ \$8

sunflower seeds, black quinoa, apples, dates, oyster mushrooms

Southern Cobb ~ \$12

choice of rotisserie chicken or pork with bacon, tomato, organic egg, Sweet Grass Dairy blue cheese and pecans

Homemade Dressings

carrot ginger vinaigrette, balsamic vinaigrette, buttermilk ranch, or blue cheese, *additional side of dressing \$1.50*

Add rotisserie pork, rotisserie chicken, egg salad, chicken salad or fried chicken tenders to any salad ~ \$4

Sandwiches

\$10 ~ Includes your choice of one side. Plain grilled chicken available upon request.

Gluten-free bread available +\$1.50

Rotisserie Chicken - lettuce, tomato, mayonnaise on French bread

Meatloaf - lettuce, tomato, mayonnaise, grass-fed beef on jalapeño cheddar bread

Chicken Pita - yogurt, olives, tomato, cucumber, sunflower sprouts

Rotisserie Pork - lettuce, tomato, mayonnaise on French bread

Chicken Salad Banh Mi - fresh herbs, lime and jalapeño on French bread

Southern Fried Chicken - 'bread & butter' pickles on potato bun

Organic Egg Salad - lettuce and 'bread & butter' pickles on potato bun

^{GF} - Gluten-Free Selection

Breakfast


Featuring organic eggs. Gluten-free bread upon request 1.50

Bowl of Seasonal Fresh Fruit ~ \$5 

Buttermilk Biscuits with Jam & Honey ~ \$5

Buttermilk Biscuits with Chicken Gravy ~ \$5

Fried Chicken Tenders with wasabi honey ~ \$6 

Broiled Indian River Grapefruit with organic cane sugar ~ \$5 

Doughnut Holes with cappucino sauce ~ \$5

Chopped Liver on Toast ~ \$5

Poutine with local cheese curds and chicken gravy ~ \$6

Add rotisserie chicken or pork + \$4

Fried Chicken, Chicken Sausage or Grilled Chicken Thigh on Cheddar Biscuit ~ \$6

Add a pastured egg + \$2, pimento cheese + .50

Pastured 3-Egg Burrito with black beans, aged cheddar, rice and green chile salsa ~ \$8

Pork Schnitzel with fried egg and Anson Mill's grits ~ \$10

Cheddar Waffle with homemade vanilla bean apple sauce and Steen's cane syrup ~ \$8

Fried Chicken and Waffles with Steen's cane syrup ~ \$12

Pastured 3-Egg Omelet with wilted spinach, goat cheese, Anson Mill's grits ~ \$10 

Southern Breakfast with 3 organic eggs, local grits, turnip greens, bacon and grilled jalapeño cheese bread ~ \$10

Organic Low-Fat Yogurt, Fruit & Granola with north Georgia honey ~ \$6 

Breakfast Sides

Smoked Patac bacon \$4

Fried potatoes with bourbon smoked paprika \$3.25

Pastured chicken sausages \$5 

Anson Mill's speckled grits \$3.25 

Grilled jalapeño cheese bread \$2

Organic egg, your way \$3

Little Clucker's Menu ~ \$6

10 and under, please.

Fried Chicken Sandwich - Kewpie mayo and potato bun with choice of side

Rotisserie Chicken Quesadilla

Chicken Penne Pasta - grated parmesan and cream

Fried Chicken Tenders - with choice of side 

Kids' Selection of Three Vegetables

Family Meal ~ \$42 Serves 3-5. Phone in your order and we will curb-side deliver it!

Choice of our rotisserie whole chicken, meatloaf or herb-roasted pork loin (24 oz) served with a family-sized organic green salad, jalapeño cheddar bread (gluten-free bread upon request +\$3), choice of dressing, 3 family-sized sides and a half-gallon of fresh brewed tea.

Take-out only. Please allow 30 minutes to prepare, no substitutions, +5% eco-friendly packaging fee.

Thank you for visiting Bantam + Bidy. All items are cooked fresh to order so be patient with us; it's coming! Please note, we take care to provide a safe gluten-free dining experience, however we are not a gluten-free establishment. Also we are required to tell you that consuming raw or undercooked meat, poultry, eggs or seafood can cause serious illness. Bantam + Bidy adds 5% for all of our eco-friendly to-go packaging and 10% gratuity on to-go orders of 8 or more. Thank you.



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