



GREEN

01	kale, parsley, romaine, celery, apple	\$9
02	kale, romaine, napa cabbage, parsley, celery, cucumber, organic himalayan sea salt	\$9
06	kale, coconut water, parsley, romaine, ginger	\$11



FRUIT

11	melon, heirloom tomato, lime	\$9
14	pineapple, jalapeño, cucumber	\$10
15	apple, ginger, lemon, cayenne	\$9
16	pomegranate, red grape, lime	\$10
19	cantaloupe, cilantro, lime	\$9



CITRUS

21	blueberry, basil, grapefruit, lime	\$9
24	grapefruit, lime, mint	\$10



ROOT

33	sweet potato, carrot, apple, cinnamon, ginger	\$9
36	beet, carrot, ginger, organic himalayan sea salt	\$9



SAVORY

42	heirloom tomato + organic himalayan sea salt	\$9
46	heirloom tomato, celery, sun-dried tomato, carrot, organic himalayan sea salt	\$12



SEASONAL

S1	peach, basil, ginger	\$12
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NUT / SEED

51	raw marcona almond, date, vanilla bean	\$9
52	raw pistachio + cashew, kaffir lime leaf, raw local honey	\$10
53	raw pecan, local maple syrup, cayenne	\$9
54	raw hazelnut, cacao, cinnamon, vanilla bean, raw local honey	\$11
56	raw almond, kale, spinach, romaine, parsley, date, vanilla bean	\$9
57	raw almond, turmeric root, raw cashew, cardamom, ginger, raw local honey	\$9
58	cold-brewed organic coffee, raw almond + cashew, maca, vanilla bean	\$9
59	young raw coconut juice + young raw coconut meat	\$12

all of our nut milks are made with filtered alkaline water & organic himalayan sea salt



FERMENTED

60	peach, black tea, lychee, rose, raw local honey	\$6
61	local raspberry, raw local honey, green tea, mint, lemon, ginger	\$6
62	local sour cherry, black tea, raw local honey	\$6

SHOTS

wheatgrass	\$3
turmeric	\$3
ginger	\$3
aloe	\$3



Owen + Alchemy chooses to work personally with farmers that go beyond USDA organic certification standards. We work with farms that are not just organic, but incorporate techniques that ensure safe practices for both the workers and the produce that they provide.

SMOOTHIES / SHAKES

82	coconut water, coconut meat, strawberry, banana	\$9
83	green juice, pistachio + cashew milk, dates, aloe, ginger	\$9
85	cacao, coffee, almond butter, maca, vanilla bean	\$9
86	local blueberry, acai berry, marcona almond, raw local honey, bee pollen	\$10
88	kale, avocado, celery, cucumber, parsley, tocotrienols, sea salt	\$8

BOWLS

Ab	acai berry, banana, local peach, raw local honey, bee pollen, raw granola	\$12
Sp	sweet potato, apple, ginger, cinnamon, cashew + hemp yogurt, pumpkin seed, flax seed topping	\$11
Ba	banana, almond butter, coconut meat, maca, raw granola, apricot, orange supremes	\$11
Ro	raw oatmeal, chia seed pudding, raw local honey, blueberry, vanilla bean	\$9
Ka	kale, acai berry, blueberry, almond butter, spirulina, dates, hemp seed topping	\$11

SALADS

Ht	heirloom tomato salad, cucumber, red onion, basil, cashew cheese, lemon vinaigrette	\$10
Kn	kelp noodles, jalapeño-lemongrass vinaigrette, daikon, cilantro, scallion, sesame, carrot wakame	\$9
3k	3-kale salad, shaved fennel, almond, radish, creamy avocado dressing	\$9
Sg	sprouted grains salad, roasted local carrot, smoked tomato vinaigrette	\$9

ADD-ONS

PROTEINS

+ organic, vegan, raw plant-based protein powder \$2

NUTS/SEEDS/GRAINS

+ chia seeds \$1
+ flax seeds \$1
+ tocotrienols \$1

SUPERFOODS

+ maca \$1.50
+ goji berries \$1.50
+ bee pollen \$1.50
+ cacao \$1

GREENS

+ chlorella \$1.50
+ spirulina \$1.50

CHINESE HERBS / BLENDS

O+A Detox* \$2
O+A Immunity* \$2
O+A Energy* \$2
O+A Calm* \$2
O+A Digest* \$2
+ valerian \$1
+ holy basil \$1
+ reishi mushroom \$1.50
+ oil of oregano \$1
+ fo-ti \$1.50

PROBIOTICS

+ raw, vegan, organic probiotics

SPICES

+ ginger \$.50
+ cinnamon \$.50
+ turmeric \$.50

**Please remember food is medicine. We strongly encourage you to not consume our chinese herbs if you are pregnant, breast feeding, have hypertension, or heart disease. You should also caution against using the herbs if you are taking blood-thinning medications, insulin, prescription medication, or are on a diuretic.*



OWEN + ALCHEMY

BEYOND ORGANIC JUICE APOTHECARY