

MARKET & RYE

THE SPRING MARKET

One Scoop \$4 Two Scoops \$7.50 Three Scoops \$10.50

Choose from the following seasonal market items

Market Cauliflower Salad with Golden Raisins, Almonds, Curry

Asparagus Salad with Olives, Feta, Sherry Vinaigrette

Wild Mushroom and Couscous Salad with Pea Tendrils,
Parmesan, Lemon Dressing

Roasted Zucchini Salad with Cherry Tomatoes, Boccaccini,
Mint Vinaigrette

Grilled Broccoli Salad with Ricotta, Walnuts, Red Wine Dressing

Baby Bok Choy Salad with Edamame, Pea Shoots, Peanuts,
Soy-Sesame Emulsion

MARKET SIGNATURE SALADS

Wolfgang Salad with Roasted Chicken, Red Cabbage, Romaine,
Rainbow Carrots, Toasted Sesame, Mandarin Orange, Almonds,
Hot Mustard Soy Vinaigrette
\$9.95

Johnny's Spinach Salad with Baby Spinach, Bacon, Red Onion, Egg,
Crispy Shallots, Bleu Cheese, Herbed Balsamic Croutons, Honey
Mustard Vinaigrette
\$9.95

Albacore Tuna Salad with English Cucumber, Radish, Egg, Red Onion,
Spiced Fingerling Potatoes, Pepperoncini, Herbed Rye Croutons,
Lemon-Dill Vinaigrette
\$10.50

Mediterranean Salad with Arugula, Feta, Kalamata Olives, Hummus,
Cherry Tomatoes, Red Onion, Marinated Artichoke Hearts, Grilled
Eggplant, Herbed Balsamic Croutons, Creamy Mint Vinaigrette
\$10.50

Momma Pat's Chop Salad with Roasted Chicken, Bacon, Romaine,
Sharp Cheddar, Cherry Tomatoes, Caramelized Onion,
Pepperoncini, Housemade Ranch Dressing
\$10.50

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BUILD YOUR OWN SALAD

\$8.75

Choose your Greens: Arugula, Spring Mix, Romaine, Baby Spinach

Choose up to 5 Staples, 1 Dairy Item, and 1 Dressing

Staples (extra add \$.50 each)

Bell Peppers	Cherry Tomatoes	Marinated Artichokes
Carrots	Dried Cranberries	Candied Cashews
Broccoli	Pickled Beets	Caramelized Onions
Edamame	Crispy Shallots	Red Onions
Chickpeas	Roasted Peanuts	Fingerling Potatoes
Roasted Walnuts	Croutons	Cucumber
Kalamata Olives	Pepperoncini	Hearts of Palm

Dairy (extra add \$1 each)

Bleu Cheese	Feta	Goat Cheese
Manchego Parmesan	Sharp Cheddar	

Dressings (extra add \$.75 each)

Ancho-Agave	Basil-Dijon Vinaigrette
Lemon-Dill Vinaigrette	Hot Mustard Soy Vinaigrette
Smoked Tomato Vinaigrette	Parmesan Vinaigrette
Honey Mustard Vinaigrette	Mint Emulsion
Housemade Ranch	

Proteins

Grilled Tofu \$2.25	Quinoa \$1
Roasted Chicken \$2.75	Tuna Salad \$2.50

HOUSEMADE SOUPS

Cup \$4.50

Bowl \$6.50

- Carrot Ginger, Crème Fraiche, Cilantro
- Baked Potato, Broccoli, Sharp Cheddar, Bacon
- Kale, Israeli Couscous, Spicy Sausage

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SANDWICHES

Bread Choices: Salted Rye, Sourdough, or Whole Wheat with Oats

Roast Beef with Fontina, Horseradish Aioli, Funyuns, Upland Cress
\$9

Reuben Chicken Meatball with 1000 Island, Sauerkraut, Red
Cabbage-Caraway Slaw, Swiss
\$9

Albacore Tuna with Hummus, Fennel Confit, Arugula Pesto
\$8.50

Market BLT with Tomato Jam, Sharp Cheddar, Iceberg, Black Truffle-
Rosemary Aioli
\$8.50

Truffle Egg Salad with Capers, Basil Pesto, Roasted Roma Tomatoes,
Iceberg Lettuce
\$8.50

Cool Ranch Chicken Salad with Avocado Spread, Pepper Jack,
Cool Ranch Doritos, Iceberg Lettuce
\$9

Turkey Gobbler with Swiss, Dried Cranberry Aioli, Upland Cress,
Black Pepper Cream Cheese
\$9

Veg-Head with Grilled Broccoli Rabe, Provolone, Sun Dried Tomato
Pesto, Fava Bean Puree
\$8.50

BEVERAGES

Bottled Beverages **\$2.50 each**
Zico Coconut Water **\$3**
Brewed Iced Tea **\$2**

SIDES

Assorted Popchips **\$1.50**

SWEETS

Check out our Sweets Counter!

68 West Portal Avenue | San Francisco, CA 94127
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marketandrye.com