



前菜 ZEN SAI

ESSEX HOUSE

SNACKS

SHISHITO PEPPERS
Ginger soy sauce

FRIED BOK CHOY
Soy sauce, toasted garlic

SQUID JERKY
Garlic aioli

EDAMAME
Sea salt, ginger soy sauce

GARBANZO SPRING ROLLS
Cilantro curry cream

NOODLES

CURRY PAD THAI
Grilled shrimp, shishito peppers, bell pepper, onion, cilantro, bean sprouts, mushrooms, coconut curry

JAPANESE STIR FRY UDON
Chicken, brussels sprouts, shishito peppers, bean sprouts, scallion, soy sauce

SMALL PLATES

ASIAN GREEN SALAD
Miso soy mustard vinaigrette

OCTOPUS SALAD
Japanese cucumber, red and green bell pepper salsa, shaved scallion, serrano chile, yuzu juice

SPICY ROCK SHRIMP
Serrano aioli, Japanese worcestershire

YELLOW TAIL JALAPENO
Citrus jalapeno soy sauce

PORK BELLY SLIDERS
Steamed bun, japanese slaw, black bean sauce

YAKIMESHI
Rice, shrimp, sea scallops, bacon, egg, asparagus, shitake mushroom, chives

ROBATA GRILL

Served with our house made signature sauces

BALSAMIC TERIYAKI
CHILI GARLIC
SERRANO VINAIGRETTE

MEATS

SCALLION RIBEYE
Scallions, yakitori sauce

ORGANIC CHICKEN
Keylime wedge

RIBEYE
Yakitori sauce

PORK BELLY
Black bean sauce

JAPANESE SAUSAGE
Shisito peppers, spicy mustard

SEAFOOD

BLACK COD
Sweet yuzu miso sauce

SALMON
Yakitori sauce

SEA BASS
Black bean sauce

BACON WRAPPED SCALLOPS
Key lime wedge

SHRIMP
Garlic, scallion, cilantro marinated

VEGETABLES

FINGERLING POTATOES
Bacon-wrapped curry cream

EGGPLANT
Sweet yuzo miso

CORN
Garlic soy

ASPARAGUS
Truffle salt

ZEN SAI ROLLS

SPICY TUNA
Sweet and spicy sauce

SHRIMP TEMPURA
Eel sauce

BOSTON
Avocado, butter leaf lettuce and asparagus

BBQ EEL
Cucumber, sprouts, avocado

GRILLED SHRIMP
Apple, cucumber, jalapeño, topped with special salsa and grilled shrimp

PROSCIUTTO
Asparagus, bell pepper, mushroom with truffle oil, balsamic vinegar

KING CRAB SALAD
Tobiko, avocado, bell pepper, scallion, honey yuzu

