

ESPRESSO COFFEE

Black Short/Long	3.0/3.5
Black Iced	4.0
White Short/Long	4.0/4.5
White Iced	5.5

Drip Coffee 8oz/12oz	3.0/4.0
----------------------	---------

TEA all 5.0/Iced 6.0

Black
Red
Green Jasmine
Rose
Chrysanthemum
Mint
Matcha

SIGNATURE LATTES

Green - Matcha	5.0/6.0
Pink - Beetroot	5.0/6.0
Gold - Turmeric & Pepper	6.0/7.0
Blue - Blue Algae	7.0/8.0
Black - Activated Charcoal & Black Sesame	7.0/8.0

Magic Drops - Ginseng & Royal Jelly	2.0
-------------------------------------	-----

BOWLS

Breakfast Congee	9.0
Poached strawberries, fresh strawberries, blueberries, maple cassia syrup, house-made granola	

Pear Crumble Congee	9.0
Poached pears, streusel crumb, cinnamon	

Turmeric Congee	9.0
Turmeric, coconut cream, poached cranberries, dried strawberries, lemon zest	

Pandan Tapioca	9.0
Coconut, lychee, fresh pineapple, sweet red vinegar syrup, puffed rice	

BAKED GOODS

Cacao and Beetroot Cake	6.0
Lemon Thyme Muffin	5.0
Blueberry Dropcake	5.0
Superfood Truffle	2.0

Here's To Feeling Good All The Time!





The Good Sort product has to taste good, make you feel good and be good for you. We are all about promoting health, wellbeing and most importantly a positive state of mind - TGS

MATCHA

Stone ground young green tea leaves. Rich in antioxidants, helps detoxify the body, boosts metabolism, improves mental alertness, builds stronger immune defence and boosts energy levels.

BEETROOT

A root vegetable that detoxifies and fights inflammation. High in vitamins, nutrients and minerals. Good for heart and liver health, energy levels and circulation. Beet is also considered an aphrodisiac or sexual booster.

TURMERIC

A super spice that boosts immunity, energy levels and gut health. A powerful anti-inflammatory and very strong antioxidant, mood booster and can help improve brain function.

BLUE ALGAE

Extract of spirulina. One of the most nutrient dense foods on the planet with high concentrations of proteins, vitamins, nutrients and antioxidants. Boosts and regulates immune system, fights inflammation, boosts energy levels.

ACTIVATED CHARCOAL

Our activated charcoal is made from coconut shells. Traps toxins and chemicals in the body allowing them to be flushed out (excellent for hangovers!!) Reduces bloating/gas, lowers cholesterol, promotes healthy digestive system, high in potassium, calcium and iron.

All products are 100% vegan.

Here's To Feeling Good All The Time!

