



BACON • EGG • CHEESE

SANDWICHES

BEC CLASSIC \$8.50

Smoked bacon / Sharp cheddar / Signature Brioche bun

BEC CLASSIC JUNIOR \$5.50

Mini Pugliese roll

CHELSEA LO-CAL \$10.50

Turkey bacon / Roasted peppers / Broccoli rabe /
Pesto yogurt sauce / Multi-grain toast

MAMMOTH \$11.50

Pork sausage / Smoked bacon / Pepper jack /
Caramelized onions / Pickled jalapeños / Tomato compote /
Ciabatta roll

FARMHOUSE \$10.50

Crispy pancetta / Ricotta / Honey / Baby spinach /
Fig jam / Pugliese roll

SPICY SPANIARD \$10.50

Serrano ham / Manchego / Pickled jalapeños / Romaine /
Tomato compote / Pugliese roll

GREEKY-ROMAN \$10.50

Lamb sausage / Feta / Roasted peppers / Baby kale /
Olive tapenade / Pugliese roll

ROADHOUSE \$10.50

Pork sausage / Sharp cheddar / Avocado / Slaw / BBQ sauce /
Pugliese roll

GODMOTHER \$10.50

Prosciutto / Salami / Mozzarella / Baby arugula /
Walnut pesto sauce / Pugliese roll

BISTEC \$11.50

Flat Iron Angus steak / Smoked bacon / Blue cheese /
Caramelized onions / Baby spinach / Sun-dried tomato
vinaigrette / Ciabatta roll

Egg whites or Avocado - \$1.50

SALADS

COBB \$11.50

Hard-boiled egg / Maple glazed bacon / Blue cheese /
Avocado / Green apples / Red onions / Cherry tomatoes /
Chickpeas / Balsamic vinaigrette

CAESAR \$10.50

Grilled chicken / Shaved parmesan / House croutons /
Creamy romano

SHAVED BROCCOLI & CAULIFLOWER \$9.50

Dried cranberries / Dried cherries / Toasted almonds /
Cashews / Pumpkin seeds / Sunflower seeds / Sun-dried
tomato vinaigrette

Chicken, avocado or bacon - \$2.00

SOUP

ALPHA-BEC SOUP \$4.50 cup / \$6.50 bowl

Chicken noodle / Seasonal vegetables

SIDES

MIXED GREENS \$3.50

Cherry tomatoes / Red onion / Sun-dried tomato vinaigrette

ROASTED POTATOES \$3.50

Fingerling potatoes / Peppers and onions / Sambal chili sauce

SLAW \$3.50

Pickled vegetables / Horseradish mayo / Toasted sesame seeds

FRUIT SALAD \$3.50

Fresh citrus / Mint

SIPS

Fresh Orange Juice / Grapefruit Juice. \$4.50 / \$6.50

Fresh Lemonade / Iced Tea. \$3.50 / \$5.50

Cold Brew Iced Coffee. \$3.50 / \$5.50

Hot Coffee. \$2.50 / \$3.00

Artisanal Sodas. \$3.00

Coke, Diet Coke, Sprite. \$2.00

Bottled Water. \$3.00

Each sandwich is prepared with all-natural and cage-free eggs

All ingredients are sourced from New York wherever possible