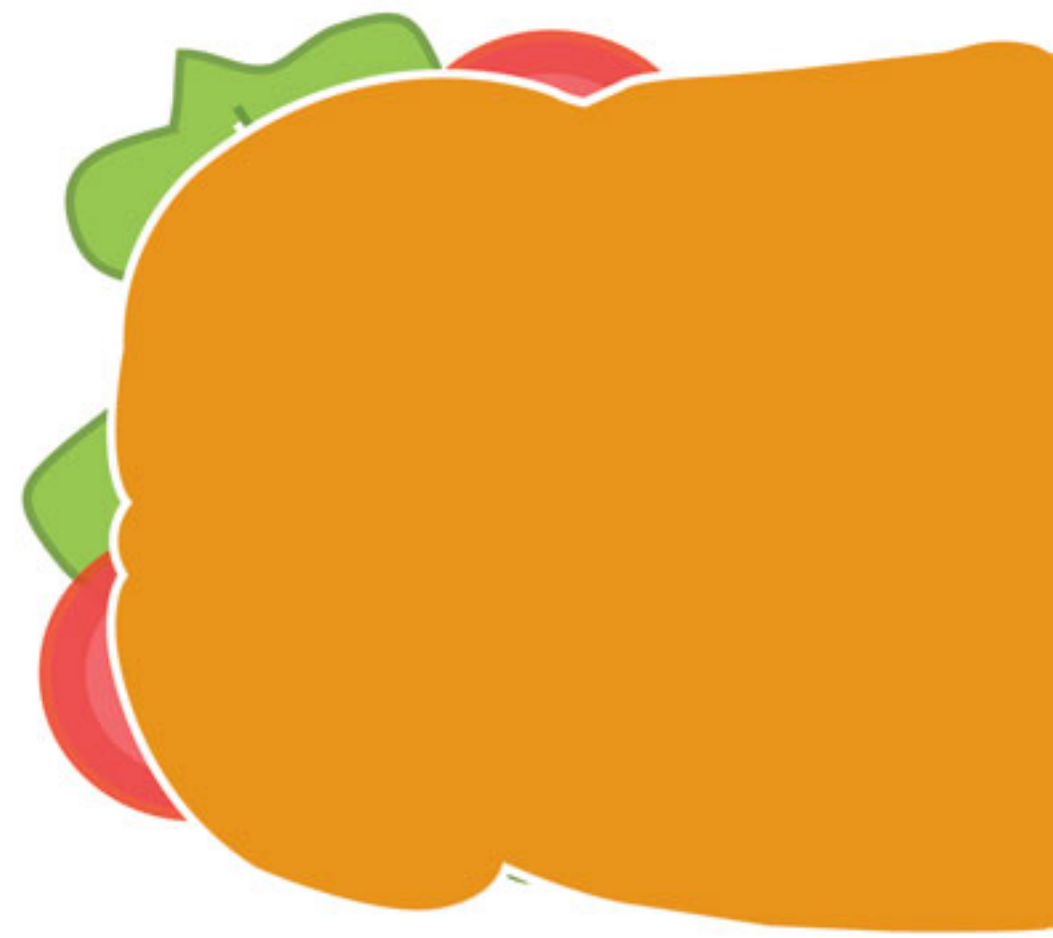


SandOlab



224 Espanola Way
Miami Beach, Florida 33139
www.sandolab.com

SandOlab



305.532.6188

224 Espanola Way • Miami Beach, Florida 33139

www.sandolab.com

Sunday - Wednesday
11:00am - 12:00 am

Thursday - Saturday
11:00am - 6:00 am

Delivery
until 10:00 pm

#1	Smoked Salmon with Red Onion, Alfalfa Sprouts, Tomato, Capers and Cream Cheese on a Bagel	\$12.50
#2	Roast Beef with Crispy Onions, Jalapenos, Crumbled Blue Cheese, Arugula and Tomato on a Sub Roll with Our Basil Mayo	\$10.50
#3	Capicola, Mortadella and Genoa Salami with Provolone Cheese, Tomato, Red Onion, Pepperoncini and Romaine on a Sub Roll with Our Italian Vinaigrette	\$9.50
#4	Dill Albacore Tuna Salad with Fresh Fennel, Tomato and Cucumber on Whole Wheat	\$9.50
#5	Roast Turkey with Bacon, Smoked Gouda Cheese, Tomato, Fresh Bell Peppers and Spinach on Rustic Italian Bread with Our Spicy Mayo	\$9.50
#6	Pastrami and Swiss Cheese with Sliced Onion, Tomato and Romaine on Rye with Our Jalapeno Mustard	\$10.50
#7	Fresh Mozzarella, Roasted Red Peppers and Basil on Rustic Italian Bread with Our Balsamic Vinaigrette	\$9.50
#8	Prosciutto and Brie with Granny Smith Apple and Sliced Almonds on a Sub Roll	\$10.50
#9	Black Forest Ham and Cheddar Cheese with Hot Cherry Peppers and Sprouts with Dijon Mustard on Rye	\$9.50
#10	Roast Turkey and Provolone with Avocado, Red Onion, Tomato and Romaine on a Sub Roll with Our Cilantro Vinaigrette	\$9.50
#11	Hummus with Feta Cheese, Kalamata Olives, Carrots, Cucumbers, Fresh Fennel and Crushed Red Pepper in a Whole Wheat Wrap	\$9.50

Conduct Your Own Experiment **\$9.50**

Breads:

Sub Roll, Rustic Italian Bread, Rye, Whole Wheat, Bagel, Whole Wheat Wrap

Spreads:

Mayo, Basil Mayo, Spicy Mayo, Yellow Mustard, Dijon Mustard, Jalapeno Mustard, Italian Vinaigrette, Cilantro Vinaigrette, Balsamic Vinaigrette, Hummus, Peanut Butter, Strawberry Jelly, Oil and Vinegar

Meat:

Roast Turkey, Black Forest Ham, Top Round Roast Beef (\$1.00), Genoa Salami, Capicola, Mortadella, Prosciutto (\$1.00), Pastrami (\$1.00), Dill Albacore Tuna Salad, Smoked Salmon (\$3.00)

Cheese

American, Sharp Cheddar, Swiss, Provolone, Crumbled Blue Cheese, Brie, Smoked Gouda, Feta, Cream Cheese, Fresh Mozzarella

Elements

Tomato, Cucumber, Carrot, Fresh Bell Pepper, Alfalfa Sprouts, Red Onion, Onion, Crispy Onion, Jalapeno, Pepperoncini, Hot Cherry Peppers, Roasted Red Peppers, Capers, Granny Smith Apples, Sliced Almonds, Avocado (\$1.00), Black Beans, Corn, Sliced Pickles, Fresh Basil, Fennel, Romaine, Spinach, Arugula

A Pickle With Every Experiment
Add One of Our Homemade Sides For \$1.00

Sandolab Sides

Sandolab Slaw (contains peanuts) 1/2 Pint	\$2.50
Black Bean and Corn Salad 1/2 Pint	\$2.50
Cucumber and Feta Salad 1/2 Pint	\$3.50
Assorted Fresh Fruits	\$1.50
Potato Chips	\$2.00

Beverages

Fountain Drinks (Coca-Cola Products)	\$2.00
Cans	\$1.50
Bottled Drinks	\$3.00
Bottled Water	\$2.00
Energy Drinks	\$3.00

Ask Us About Our Beer Selection

** Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of a food borne illness.*