

## DISCOVER THE SECRETS OF SHAOLIN



Experience authentic Tai Chi and Qi Gong with our Shaolin Kung Fu Master. Along with the traditional Zen Tea Ceremony, Master Hu uses these ancient Chinese traditions to relax the mind and inspire the senses.

October 25-26, 2012

## THURSDAY, OCTOBER 25

9:00am Tai Chi

10:00am Tea Ceremony in the Lobby Lounge

3:00pm Tea Tasting in the Lobby Lounge

5:30pm Qi Gong and Meditation

## FRIDAY, OCTOBER 26

9:00am Tai Chi

3:00pm Tea Ceremony in the Lobby Lounge

5:30pm Qi Gong and Meditation

Reservations are required

Please contact The Spa to reserve your choice of session:

+1 (617) 535 8820

mobos-spa@mohg.com

USD 35 per person – Group Session

USD 95 per person – Individual Private Session

USD 50 per person – Small Group Private Session (2 to 3 guests)

In support of Breast Cancer Awareness Month, the Ellie Fund will receive a USD10 donation for every reservation made