

Tom Ker shaw Wel comes you to

75 Bar & Grill Liberty Wharf *Lunch*

Herbed Clam Chowder

Our hearty combination of clams,
Maine potatoes, smoked bacon and cream. \$6.00

Five Alarm Chili

Served with condiment bar and roasted
polenta wedges \$6.00

Soup of the Season

Hearty combination of fresh harvest ingredients.
Prepared daily in our kitchen. \$6.00

Cocktail Shrimp

Gulf shrimp, tequila lime cocktail sauce
and fresh lemon wedge \$13.00

Classic Caesar

Native hearts of romaine, Caesar dressing,
croutons & parmesan cheese. Side \$4. Full \$7.

BLT Wedge

Crisp hearts of iceberg loaded with apple wood-smoked
bacon, tomato and chunky bleu cheese dressing.
Side \$4.00 Full \$7.00

Boston Bibb Salad

Tender Bibb lettuce with Westfield farm's goat cheese,
dried cranberries, apples and roasted pecans
with a lemon vinaigrette. Side \$5.00 Full \$9.00

Crispy Fried Monterey Bay Calamari

Served with our zesty marinara & tartar sauce. \$11.00

Pumpkin Ravioli

Sautéed native butternut squash, garden sage, tomato
vodka sauce and grated parmesan cheese.
Starter \$11.- Main dish \$19.-

75 Crab Cakes

Scallion and cucumber salad, roasted red pepper coulis
and balsamic reduction. \$13.00

Pasta Caprese

Linguine sautéed with vine-ripened tomatoes,
fresh mozzarella, fresh basil, Italian parsley and grated
parmesan cheese \$13.00

Steamed Mussels

PEI mussels with chorizo, roasted tomato, garlic, fresh
herbs and grilled French bread \$14.00

Turkey Panini

Oven roasted turkey, tomatoes, crispy bacon,
melted swiss cheese, focaccia bread
and served with French fries \$12.00.

*B.B.Q. Sirloin Steak Sandwich

Char-grilled sirloin steak, caramelized onions,
melted cheddar, zesty B.B.Q. sauce, lettuce,
tomato, French bread, fries. \$16.00

Salmon BLT Sandwich

Char-grilled salmon filet, lettuce, tomatoes,
Apple wood smoked bacon, tartar sauce, ciabatta bread
served with native field greens \$14.00

Tuscan Chicken Sandwich

Grilled chicken breast, fresh mozzarella, pine nuts pesto,
sun dried tomatoes, focaccia bread served with
crispy french fries \$12.00

*75 Bistro Burger

Half pound of fresh ground chuck served with lettuce,
tomato and onion on a toasted roll, fries. \$11.00. Add
bacon or cheese. \$1.00

Fish & Chips

Daily fresh fish served with crispy French fries,
fresh cole slaw & tartar sauce. \$15.00

Nantucket Seafood Stew

Gulf shrimp, scallops and hand cut salmon,
swordfish, halibut and sea bass with
garden vegetables and bliss potatoes \$13.00

Char-Grilled Atlantic Salmon Filet

Served with roasted organic lentil, sautéed spinach,
wild mushroom, crispy polenta, grilled asparagus
and roasted red pepper coulis \$18.00

Marinated Sirloin Tips

Lightly seared beef sirloin tips served with fries & seasonal
salad. \$16.00

Add To Any Salad or Pasta

Chicken \$4.00 Salmon \$6.00 * Sirloin Tips \$7.00 Shrimp \$7.00

Before placing your order please inform your server
if a person in your party has a food allergy.

*Denotes raw or undercooked meats.

Consuming raw or undercooked meats, poultry, seafood,

shell fish, or egg may increase your risk of foodborne illness,
especially if you have certain medical conditions.

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75 Bar & Grill

Liberty Wharf

Dinner

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Pasta Caprese

Linguine sautéed with vine-ripened tomatoes,
fresh mozzarella, fresh basil, Italian parsley and grated
parmesan cheese \$13.00

Steamed Mussels

PEI mussels with chorizo, roasted tomato, garlic, fresh
herbs and grilled French bread \$14.00

*Atlantic Cod Filet

Pan-seared hand-cut cod filet served
with lemon basmati rice, sautéed garden vegetables
and citrus butter sauce \$23.00

*Fish & Chips

Daily fresh fish served with crispy French fries,
fresh cole slaw & tartar sauce. \$16.00

Nantucket Seafood Stew

Gulf shrimp, scallops and hand cut salmon,
swordfish, halibut and sea bass with
garden vegetables and bliss potatoes. \$19.00

*Char-Grilled Atlantic Salmon Filet

Served with roasted organic lentil, sautéed spinach,
wild mushroom, crispy polenta, grilled asparagus
and roasted red pepper coulis \$20.00

*Meyer Lemon Chicken Breast

Pan roasted with sweet Meyer lemon and capers. native
garden greens & fingerling potatoes. \$20.00

*Marinated Sirloin Tips

Lightly seared beef sirloin tips served with fries & seasonal
salad. \$17.00

*Porterhouse Pork Chop

Char-grilled and served with shallot mashed New England
potatoes, garden vegetables & demi glaze. \$22.00

*B.B.Q. Sirloin Steak Sandwich

Char-grilled sirloin steak, caramelized onions,
melted cheddar, zesty B.B.Q. sauce, lettuce,
tomato, French bread, fries. \$16.00

*75 Bistro Burger

Half pound of fresh ground chuck served with lettuce,
tomato and onion on a toasted roll, fries. \$11.00. Add
bacon or cheese. \$1.00

*Tenderloin Medallions

Char-grilled center cut tenderloin served with garlic
mashed potatoes, grilled asparagus and
Cabernet reduction \$26.00

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Chicken \$4.00 Salmon \$7.00 * Sirloin Tips \$8.00 Shrimp \$8.00

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