Breakfast Mlenu

## Breakfast bouisiana etyle:


3 Egg and Cheese Omelette ..... $\$ 8.00$
Grits, Biscuit or Toast or English Muffin.
Add Bacon ..... $\$ 2.00$
Add Sausage \$2.00
Crawfish Etouffer$\$ 12.00$Grits, Biscuit or Toast or English Muffin.
3 Egg and Veggie Omelette
(Green Pepper, Onion, Mushroom, Tomato)
Bliscuit and ©ausage Gravy ..... $\$ 6.00$
Jambalaya §tuffed Biscuit ..... $\$ 8.00$
pancakes, stack of 3 ..... $\$ 8.00$
Served with a side of meat (Bacon or Sausage)Add Fruit $\quad \$ 4.00$
1 pancake$\$ 2.00$
Add Bacon $\$ 2.00$
Add Sausage ..... $\$ 2.00$


Belgian Waffles plain
$\$ 5.00$
Served with a side of meat (Bacon or Sausage )
Add Fruit $\quad \$ 4.00$
1 Waffle
Add Bacon $\quad \$ 2.00$
Add Sausage $\$ 2.00$
Fruit Cup
$\$ 6.00$
§ides

| Sausage ( 3 links) | $\$ 2.00$ |
| :--- | ---: |
| Bacon (4 strips) | $\$ 2.00$ |
| Grits | $\$ 3.00$ |
| English Muffin | $\$ 2.00$ |
| Biscuit | $\$ 2.00$ |
| Toast (Choice of white or whole grain) (2) | $\$ 2.00$ |

TruOrleans F'avorite-
Coffee and Beignet with powdered £ugar or Icing

> Small (3 pieces)
> barge (6 pieces)

## Beverages

| Coffee | $\$ 3.00$ | Lemonade | $\$ 2.00$ |
| :--- | :--- | :--- | :--- |
| Hot Tea | $\$ 3.00$ | Orange Juice | $\$ 2.00$ |
| Still Water | $\$ 5.00$ | Cranberry Juice | $\$ 2.00$ |
| Sparkling Water | $\$ 5.00$ | Pineapple | $\$ 2.00$ |
| Cappuccino | $\$ 5.00$ | Coke | $\$ 2.00$ |
| Espresso | $\$ 4.00$ | Diet Coke | $\$ 2.00$ |
| Double Espresso | $\$ 6.00$ | Sprite | $\$ 2.00$ |
| Iced Tea | $\$ 2.00$ | Ginger Ale | $\$ 2.00$ |



Desserts add one scoop of ice cream to any dessert. only $\$ 2.00$


## (Chocolate / Vanilla or mixed)

## TruOrleans Glossary

Andouille Spicy Cajun sausage with a smoky flavor. Is defined as a coarse-grained smoked meat made using pork. pepper, onions, wine and seasonings.
Bourbon Street Wings Crispy fried wings tossed in a brown sugar soy sauce and bourbon sauce. Cajun Cuisine vs Creole cuisine Louisiana Creole cuisine is a style of cooking originating in Louisiana which blends French, Spanish, Portuguese, Italian, Greek, Asian Indian, Native American, and African influences, as well as general Southern cuisine. It is similar to Cajun cuisine in ingredients (such as the holy trinity, but the important distinction is that Cajun cuisine arose from the more rustic. provincial
-French cooking adapted by the Acadians to Louisiana ingredients, where as the cooking of the Louisiana? Creoles tended more toward classical European styles adapted to local foodstuffs.
Cajun Wings Crispy fried wings tossed in our special blackened spice.
Court Bouillon Court bouillon is a flavored liquid for poaching or quick-cooking foods. Traditional uses include poaching fish and seafood, but it is also used for poaching vegetables, eggs,
sweetbreads, cockscombs, and delicate meats.
Dipping sauce Dynamite Sauce (Mayo-Thai Chilly Sauce).
Dirty rice or Rice dressing Ground beef, tasso ham, trinity, beef broth, and Creole spices.
Etouffee is a Cajun dish typically served with shellfish or chicken over rice and is similar to gumbo. It is most popular in New Orleans and in the bayou country of the southernmost half of Louisiana. Gator Tender farm raised white meat alligator.
House dressing Cilantro lime vinaigrette.
Joy East Val's mother and current New Orleans resident from where all these recipes were groomed over many years to help get them where they are today... she helped to influence the home Louisiana recipes for our ru Orleans Restaurant and Gallery. Joy's Homemade Eggplant Fries are One of a Kind and Joy's Trash is a favorite to anyone that has ever tasted itu!
Joy's Trash A crunchy mouth watering white chocolate mix of all your favorites into one including capt crunch, cheerios, almonds, marshmallows, pretzels, and more... You'll never throw this trash out once you taste it!

Beverages

| Coffee | $\$ 3.00$ | Lemonade | $\$ 2.00$ |
| :--- | :--- | :--- | :--- |
| Hot Tea | $\$ 3.00$ | Orange Juice | $\$ 2.00$ |
| Still Water | $\$ 5.00$ | Cranberry Juice | $\$ 2.00$ |
| Sparkling Water | $\$ 5.00$ | Pineapple | $\$ 2.00$ |
| Cappuccino | $\$ 5.00$ | Coke | $\$ 2.00$ |
| Espresso | $\$ 4.00$ | Diet Coke | $\$ 2.00$ |
| Double Espresso | $\$ 6.00$ | Sprite | $\$ 2.00$ |
| Iced Tea | $\$ 2.00$ | Ginger Ale | $\$ 2.00$ |



## Dinner Menu

## Entrę §pecials

Red Beans and Riee with Andouille sausage $\quad \$ 16.00$ Spicg seasoned red beans w/ rice served with grilled Andouille saussage
Val's sauce Picante with Beef/ pork / Sausage \$22.00

- Beet. pork Tasso ham, Andouille cooked fork tender w/ vegetables and a darkik roux finish over rice
beland's Jambalaga
$\$ 20.00$
Tasso ham, Andouille saussage, w/ rice and tinity vegetables
Crawfish Etouffec over riee
$\$ 20.00$
Jumbo crawish tails in a buttery sauce w/ Cajun spices
Barbeque §hrimp Feftuecine
$\$ 24.00$
Jumbo shrimp cooked in butter and Cajun spices w/ a sherry finish over fettuccine noodles
Shrimp with Grits ( 8 oz )
$\$ 22.00$
Jumbo shrimp satited in butter and spices over buttery, cheesy grits
Court Bouillon with Fish of the Day over rieq $\$ 22.00$
Catch of the day stewed in a swory tomato sauce $w /$ vegetables
Blackenèd Tilapia over rié $\quad \$ 23.00$
Millly seasoned and seared on cast iron skiliet
Blackened Catfish over riek $\$ 23.00$
Mildy seasoned and seared on cast iron skillet
Stuffed Tilapia with Crawfish Etouffec over riee $\$ 24.00$ Perfectily seasoned and broiled topped w/ crabmeat and buttery crawish etauffee
Stuffed Catfish with Crawfish Etouffere over riee \$24.00
Perfectly seasoned and broiled topped $w /$ crabmeat and buttery crawish e elouftee
Filet Mignon ( 6 oz )
$\$ 25.00$
A delecicius 602 Filet Mignon packed with flavor and grilled to your liking with your choice of 1 side
Delmonico ( 12 Oz )
$\$ 24.00$
A hearty 120 z bone Ribeye packed with flavor and grilled to your Uking with your choice of 1 side

| Raw Bar | Oyster on the Half shell  <br>  $1 / 2$ Dozen <br> 1 Dozen Market Prieq <br>  Market prieq <br>  $\$ 4.00$ |
| :---: | :---: | :---: |

## F'ried Platters

All platters battered in a special house blend of spices and cooked until crispy and golden brown w/choice of two sides

| Shrimp Platter | $\$ 16.00$ |
| :--- | :--- |
| Oyster Platter | $\$ 16.00$ |
| Catfish Platter | $\$ 14.00$ |
| Tilapia Platter | $\$ 14.00$ |
| Soft shell Platter | $\$ 15.00$ |
| Bagou Jumbo Lump Crab Cakes (Two 6 oz cakes) | $\$ 22.00$ |
| Andre's Fried Chieken | $\$ 16.00$ |
| Crispy Cajun flavor with choice of leg and thigh or breast and wing |  |
| (minimum 25 minutes to prepare) |  |


| Seasoned Fries | $\$ 4.00$ |
| :--- | :--- |
| Red Beans \& Rieq | $\$ 5.00$ |
| Maque choux | $\$ 4.00$ |
| Hush Puppies | $\$ 3.00$ |
| Cole slaw | $\$ 4.00$ |
| Grits | $\$ 3.00$ |
| Dirty Rieq | $\$ 6.00$ |
| plain Rieq | $\$ 2.00$ |
| Cajun Corn Bread | $\$ 3.00$ |

Desserts Add one scoop of ice cream to any dessert, only $\$ 2.00$

| Bread pudding | $\$ 6.00$ |
| :--- | ---: |
| pecan Pie | $\$ 6.00$ |
| w/ lee Cream | $\$ 8.00$ |
| Joy's Trash | $\$ 6.00$ |
| Beignet (with Powdered Sugar or lcing) | $\$ 6.00$ |
| Key loime Pie | $\$ 6.00$ |
| Homemade Nutty Buddy | $\$ 5.00$ |
| lee Cream one scoop | $\$ 3.00$ |
| two scoops | $\$ 5.00$ |
| (Chocolate / Vanilla or mixed) |  |

## TruOrleans Gilossary

## Andouille

Spicy Cajun sausage with a smoky flavor. Is defined as a coarse-grained smoked meat made using pork, pepper, onions, wine and seasonings.

## Bourbon Street Wings

Crispy fried wings tossed in a brown sugar soy sauce and hourbon sauce.
Cajun Cuisine vs Creole cuisine
Louisiana Creole cuisine is a style of cooking originating in Louisiana which blends French, Spanish, Portuguese, Italian, Greek, Asian Indian. Native American, and African influences, as well as general Southern cuisine. It is similar to Cajun cuisine in ingredients (such as the holy trinity). but the important distinction is that Cajun cuisine arose from the more rustic. provincial French cooking adapted by the Acadians to Louisiana ingredients, where as the cooking of the Lousisiana Creoles tended more toward classical European styles adapted to local foodstuffs.
Cajun Wings
Crispy fried wings tossed in our special blackened spice.

## Court Bouillon

Court bouillon is a flavored liquid for poaching or quick-cooking foods. Traditional uses include poaching fish and seafood, but it is also used for poaching vegetables, eggs. sweetbreads, cockscombs, and delicate meats.
Dipping sauce
Dynamite Sauce (Mayo-Thai Chilly Sauce ).
Dirty rice or Rice dressing
Ground beef, tasso ham, trinity, beef broth, and Creole spices.

## Etouffee

Is a Cajun dish typically served with shellfish or chicken over rice and is similar to gumbo. It is most popular in New Orleans and in the bayou country of the southernmost half of Louisiana.
Gator
Tender farm raised white meat alligator.
House dressing
Cilantro lime vinaigrette.
Joy East
Val's mother and current New Orleans resident from where all these recipes were groomed over many years to help get them where they are today... she helped to influence the home Louisiana recipes for our Tru Orleans Restaurant and Gallery. Joy's Homemade Eggplant Fries are One of a Kind and Joy's Trash is a favorite to anyone that has ever tasted it! Joy's Trash
A crunchy mouth watering white chocalate mix of all your favorites into one including capt crunch, cheerios, almonds, marshmallows, pretzels, and more... You'll never throw this trash out once you taste it!

## Leland East

Val's father and current New Orleans resident from who Val learned some of these recipes from which have been passed down from generation to generation and now brought to you through TruOrleans... Trying Leland's Jambalaya on our menu is a MUST!
(1)

Maque choux
Contains corn, green bell pepper, tomatoes, onion, and sometimes garlic and celery. The ingredients are braised in a pot.
Nutty Buddy
Waffle cone with vanilla ice cream dipped in chocolate with peanuts.
Pistolette
Crispy fried pastry served open faced with a cheese seafood sauce. Pistolettes are used for stuffing, frying, and for making handy sandwiches. Also known as "French Rolls" the pistolette dough recipe is usually a French bread recipe.
Po' boys
Louisiana version of a sub/sandwich.
Tasso
Tasso ham is a specialty of Cajun cuisine. It is a spicy. peppery version of smoked pork.
Tony Fertittas
Another Louisiana resident and very good friend of Val's that also helped to
positively influence this menu. Tony implemented his homemade crawfish recipe from
Louisiana so enjoy the Fertitta's Crawfish/Crab Pistolettes as soon as you can!
Trinity
Holy trinity originally refers specifically to chopped onions, bell peppers, and celery. combined in a rough ratio of 1:2:3 and used as the staple base for much of the cooking in the Cajun and Louisiana Creole regional cuisines of the state of Louisiana, USA.
Tru Orleans Sauce
Shrimp, crawfish tail, crabmeat, Creole seasoning and trinity.
Roux Flavor
Is a cooked mixture of wheat flour and fat, traditionally clarified butter. It is the thickening agent of three of the mother sauces of classical French cooking: sauce béchamel, sauce velouté and sauce espagnole. Butter, vegetable oils.

Seafood Gumbo
Shrimp, crab meat and jumbo oysters.

## Val East

Current Louisiana resident, son of both Leland and Joy East. He is the main influence and reason we've been able to implement these special home cooking Louisiana recipes into the Washington DC restaurant scene. Val's extensive experience in home Louisiana cooking is a big part of Tru Orleans Restaurant \& Gallery menu. Val's BBQ Jalepeno Shrimp and Val's Sauce Picante with Beef/Pork/Sausage is as good as anything you will ever taste!!!

Val's sauce picante
Beef, tasso ham, pork, trinity, tomato sauce and Creole spices.

## Prink Menu

| White Wines | Glass | Bottle |
| :---: | :---: | :---: |
| 100 Pinot Grigio stellina Di Hotte | \$8.00 | \$42.00 |
| 105 Pinot Grigio Inacayal | \$8.00 | \$28.00 |
| 110 £an Telmo Torrontes | \$6.00 | \$28.00 |
| 115 Trimbach Gewurtraminer | \$12.00 | $\$ 60.00$ |
| 120 Liberty school Chardonnay | \$8.00 | \$42.00 |
| 125 Sterling Chardonnay | \$8.00 | \$34.00 |
| 130 Matua ভavisnon Blane | \$7.00 | \$38.00 |
| 135 Jekel Riesling | \$7.00 | \$45.00 |
| Red Wines | Glass | Bottle |
| 300 Pinot Noir Cellar 8 | \$6.00 | \$28.00 |
| 305 Pinot Hoir Chalone | \$12.00 | \$60.00 |
| 310 Rosenblum Zin | \$8.00 | \$36.00 |
| 315 Cefllar 8 Cabernet | \$6.00 | \$28.00 |
| 320 sterling C'abernet | \$10.00 | \$45.00 |
| 325 Dynamite Cabbernet | \$12.00 | \$60.00 |
| 330 St. Eusiene Loss Clos | \$6.00 | \$28.00 |
| 335 BV Coastal Merlot | \$6.00 | \$28.00 |
| 340 Willamette Valley |  | \$90.00 |
| 345 Hewton Claret | . | \$80.00 |
| 350 Jade Provencale | \$12.00 | \$60.00 |
| 355 Colores Del sol Malbre | \$6.00 | \$28.00 |
| 360 Peter Lechman shiraz | \$8.00 | \$36.00 |
| 365 Montes Merlot | \$8.00 | \$36.00 |
| Champagnes | Glass | Bottle |
| 500 Chandon Brut | \$12.00 | \$45.00 |
| 505 Chandon Rose | \$12.00 | \$45.00 |
| 510 Dom perignon '00 |  | \$225.00 |
| 515 Dom Prignon Rose $98{ }^{\circ}$ |  | \$250.00 |
| 520 Moet Alcetar Imperial |  | \$175.00 |
| 525 Moet Aletar Rose |  | \$225.00 |
| 530 Veuve Cliequot Masinum 1.5b |  | \$450.00 |
| 535 Veuve Cliequot ®uper Masn 310 |  | \$900.00 |
| 540 Veuve Cliequot Yellow |  | \$225.00 |

## §pecial Cocktails

## Hurricane Cataģory 1

A delectable treat straight from the heart of Bourbon St.. mmm fruity.

## Hurricane Catesiory 2 <br> $\$ 10$

A delectable treat served to Yats on hurricane breaks in Baton Rouge.
Hurricane Catesory 3 \$12
An alligator in mardi gras attire... watch your ass.
Woodford Julep
$\$ 12$
Will be served on the veranda on Thursdays from 2 p.m. to 4 p.m... Just kidding anytime बazcrac $\$ 11$
We're sticking with the published recipe of the 1859 coffee house... it's the best.
bynehbers bemonade
$\$ 9$
Jack Daniels, lemonade, splash of magic.
Jackson's Fog
$\$ 10$
Every spring the inevitable fog hides Andrew, this is what he drinks while no one can see him. (think berries, mint, Jack Daniel's honey bourbon)

Fuzzy Belle
$\$ 10$
Sweet Georgia peaches infused with ginger ale and Maker's Mark... you're welcome ladies.
Edmond Albius
$\$ 10$
At the age of 12 he invented a technique for pollinating vanilla orchids, making it possible to to cultivate the bean outside of Mexico. Living on lle Bourbon (a French island) at the time, it is rumored he revolutionized the after - dinner drink by being the first to mix whiskey, vanilla, and oranges... Cheers to him.
ba bima de la Rosa
$\$ 10$
A margarita so delicious, so perfected that you may think we used rose petals... we didn't.
Dark and बtormy
$\$ 9$
Think beer made from the root of a flower is for pansies? Well then top it off with some Goslings.

## Bottle Beers

| Breks | $\$ 6.00$ |
| :--- | :--- |
| Bud LT | $\$ 5.00$ |
| Coors bT | $\$ 5.00$ |
| Corona | $\$ 6.00$ |
| Dogfish Head 60 | $\$ 6.00$ |
| Guiness Pub Praught | $\$ 7.00$ |
| Heineken | $\$ 6.00$ |
| Miller bT | $\$ 5.00$ |
| Pabst Blue Ribbon | $\$ 4.00$ |
| Restoration file | $\$ 6.00$ |
| Stella Artois | $\$ 6.00$ |
| Turbodos | $\$ 6.00$ |
| Yuengling | $\$ 5.00$ |

Draft Beers

