SODAS \$3/BOTTLE

ALL OF OUR BEVERAGES ARE FREE OF ARTIFICIAL ADDITIVES
OR SWEETENERS

FIZZY LIZZY

YAKIMA GRAPE GRAPEFRUIT

GUS

VALENCIA ORANGE
MYER LEMON
EXTRA DRY GINGER ALE

VIRGIL'S

ROOT BEER CREAM SODA

BOYLAN'S

CANE COLA

SARATOGA

SPARKLING & STILL WATER 120Z

MEM ICE TEA

MILKSHAKES

\$7

CHOCOLATE STRAWBERRY VANILLA

CREAMSICLE-ORANGE SODA & VANILLA ICE CREAM



OUR BURGER STORY:

GRASS FED WAS CREATED OUT OF THE BELIEF THAT HEALTHY, QUALITY FOOD CAN BE SERVED IN A FUN, FAST SETTING.

THE BEEF:

OUR BEEF IS GROUND DAILY ON THE PREMISE, SERVED FRESH AND COOKED TO MEDIUM ORDER. WE ONLY USE 100% CERTIFIED NATURAL, GRASS FED BEEF WITH NO ANTIBIOTICS, NO HORMONES & NO CHEMICALS. WE WANT YOUR BURGER TO TASTE REAL & DELICIOUS.

THE BUNS:

ALL OF OUR BURGERS COME ON A SOFT POTATO BUN. IF YOU PREFER BUNLESS YOUR BURGER WILL BE SERVED "IN THE GRASS", OVER ORGANIC MIXED GREENS.

THE FRIES:

ALL OF OUR FRIES OUR HANDCUT. WE OFFER GLUTEN FREE FRIES UPON REQUEST.

THE FARMS:

WE ARE COMMITTED TO USING LOCAL, ORGANIC FARMS. WE SHOP FOR OUR INGREDIENTS IN OUR COMMUNITY. FARMERS ARE OUR FRIENDS AND CARE ABOUT THE FOOD THEY GROW JUST AS MUCH AS WE CARE ABOUT THE FOOD WE COOK FOR YOU.

THE INGREDIENTS:

ALL OF OUR CONDIMENTS ARE HOUSEMADE USING ORGANIC, NATURAL INGREDIENTS.

605 CENTRE ST, JAMAICA PLAIN, MA 02130 WWW.GRASSFEDJP.COM 617 553-2278

SOUP OF THE DAY \$6

MIXED GREENS \$6

ORGANIC MESCLUN WITH LEMON VINAIGRETTE

CAESAR* \$6

OUR VERSION WITH ORGANIC ROMAINE, EGG,
LEMON & PARMESAN CHEESE

FISH N CHIPS \$10

FRIED WILD WHITE FISH WITH TRADITIONAL FRIES
& HOMEMADE TARTAR SAUCE

SANDWICHES:

(PANINI PRESSED ON TOASTED SOURDOUGH, WHOLE WHEAT OR WHITE BREAD)

BLT EXTRA \$9

WITH HOUSEMADE BACON, LETTUCE, AVOCADO, CHEESE & AIOLI*

TURKEY CLUB \$9

ALL NATURAL TURKEY WITH LETTUCE, TOMATO, BACON & MAYO

Po'Boy \$10

FRIED WILD WHITE FISH OR FRIED SHRIMP WITH CAJUN AIOLI

GRILLED CHEESE \$5

WITH YOUR CHOICE OF AMERICAN OR CHEDDAR CHEESE
WE SUGGEST
(ADD BACON \$1) (ADD FARM FRIED EGG* \$1)

PASTRAMI ON RYE \$10

WITH COLESLAW & OUR HOUSEMADE 1000 ISLAND DRESSING

HOT DOG \$7

ALL NATURAL PEARL BEEF WITH RELISH, KRAUT
& TOASTED BUTTERED BUN
CHEESE DOG \$8

OUR DOG WITH CHEDDAR CHEESE

FRIES \$4

TRADITIONAL WITH SEA SALT
TRUFFLE-PARM FRIES
SPICY FRIES
BEET FRIES

Poutine \$6
Mushroom Poutine \$6
Housemade Potato Chips \$3
Onion Rings \$4

FOR THE KIDDIES \$7

CHOICE OF HAMBURGER, CHEESEBURGER, GRILLED CHEESE, HOT DOG OR ORGANIC CHICKEN TENDERS WITH YOUR CHOICE OF FRIES

BURGERS

THE CLASSICS:

HAMBURGER \$7.50

50Z OF GRASS FED BEEF WITH SHREDDED LETTUCE & DICED ONION

CHEESEBURGER \$8

HAMBURGER WITH AMERICAN CHEESE

BACON CHEESEBURGER \$9

THE CHEESEBURGER WITH HOUSEMADE BACON

DOUBLE STACKED \$10

DOUBLE THE MEAT, DOUBLE THE CHEESE

SPECIALTY BURGERS

THE BLUE DEVIL \$9

50Z OF GRASS FED BEEF STUFFED WITH STILTON BLUE CHEESE, BACON & CRISPY FRIED ONIONS

OYSTER BURGER \$12

5 OZ OF GRASSFED BEEF WITH A FRIED OYSTER & HOMEMADE TARTAR SAUCE

THE CALI \$11

50Z OF GRASSFED BEEF WITH AVOCADO, PEPPER JACK CHEESE, MESCLUN, SHAVED RED ONION & CILANTRO-LIME AIOLI

ITALIAN STALLION \$10

ALL NATURAL GROUND CHICKEN WITH MOZZARELLA & PESTO

MUSHROOM BURGER \$9

WILD MUSHROOMS, LENTILS, BREADCRUMBS, SAGE & FONTINA

CHICKPEA BURGER \$9

CUCUMBER, ROASTED RED PEPPERS, SHREDDED LETTUCE & HARISSA AIOLI*

ADD (.\$.25) MAYO*, CILANTRO-LIME AIOLI*, HORSERADISH MAYO*, TARTAR SAUCE

ADD (\$.50) LETTUCE, TOMATO, CRISPY ONIONS, CARAMELIZED ONIONS, PICKLED JALAPENOS, SAUTEED MUSHROOMS

ADD CHEESE (\$.75) AMERICAN , CHEDDAR , PEPPER JACK, BLUE , MOZZARELLA

ADD (\$1.25) BACON, AVOCADO, FRIED OYSTER, FARM FRIED EGG*

*CONTAIN (OR MAY CONTAIN) RAW OR UNDERCOOKED INGREDIENTS

*CONSUMING THIS PRODUCT RAW OR UNDERCOOKED MAY INCREASE YOUR
RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL
CONDITIONS

Before placing your order, please inform us if a person in your party has a food allergy



BEVERAGE MENU

WINE ALL OF OUR WINES ARE ORGANIC BY THE GLASS OR 1/2 LITER \$8/\$20

WHITE

2009 TOH-KAI MOVIA, QUATTRO MANI, BRDA, SLOVENIA

2010 SAUVIGNON BLANC/COLOMBARD/UGNI BLANC DOMAINE DE LABALLE, GASCONY

2010 CHARDONNAY HERON, CA

2010 RIESLING HUBER, AUSTRIA

ROSÉ

2010 PINEAU D'AUNIS, DOMAINE BRAZILIER, LOIRE

RED

2008 MALBEC JEAN BOUSQUET, MENDOZA, ARGENTINA

2009 CARMENERE NATIVA TERRA, CURICO VALLEY, CHILE

2009 CABERNET/GARNACHA MAS PETIT, PARES BALTA, SPAIN

2009 GAMAY, "RAISINS GAULOIS"
MARCEL LAPIERRE, BEAUJOLAIS, FRANCE

BEER

12 OZ BOTTLES					
LIONSHEAD LIGHT, PA 3.90%	\$3				
MILLER HIGH LIFE, WI 5%	\$3				
PILSNER URQUELL, CZECH REPUBLIC 4.40%	\$4				
BEER OF THE GODS, BLONDE, HIGH & MIGHTY, MA 4.5%	\$5				
EXTRA PALE ALE, HIGH & MIGHTY, MA 5%	\$5				
ALLAGASH WHITE, PORTLAND, ME 5.20%	\$6				
TRIPEL KARMELIET, BELGIUM, 8.40%	\$10				
HOP NOIR, BLACK ALE, PEAK BREWING CO, ME 8.20%	\$6				
CHIMAY BLEU, BELGIUM, 9%	\$11				
MILK STOUT NITRO, LEFT HAND BREWING, CO 6%	\$5				
12 OZ CANS					
BAXTER STOWAWAY IPA, ME 6.90%	\$5				
ATWATER'S LAGER, MICHIGAN 5%	\$3				
PORKSLAP PALE ALE, BUTTERNUTS, NY 4.30%	\$4				
MOO THUNDER STOUT, BUTTERNUTS, NY 4.90%	\$4				
BAXTER AMBER ROAD ALE, ME 5.50%	\$5				
22 OZ BOTTLES					
PRETTY THINGS JACK D'OR, MA 6.40 %	\$11				
PRETTY THINGS BABY TREE, MA 9%	\$11				
DECLARATION BELGIAN IPA, BACKLASH, MA 7.20%	\$11				

NON ALCOHOLIC:

ERDINGER,	HEFEWEIZEN,	GERMANY	\$5

GLUTEN FREE:

CIDER:

BANTAM WUNDERKIND	CIDER	MA (1207 BOTTLE)	¢ 1
DANIAM WUNDERKIND	CIDER.	MA (IZUZ BUTTLE)	

SODAS

\$3/BOTTLE

ALL OF OUR BEVERAGES ARE FREE OF ARTIFICIAL ADDITIVES
OR SWEETENERS

FIZZY LIZZY

GRAPE GRAPEFRUIT

GUS

VALENCIA ORANGE
MYER LEMON
EXTRA DRY GINGER ALE

VIRGIL'S

ROOT BEER CREAM SODA

BOYLAN'S

CANE COLA

SARATOGA

SPARKLING & STILL WATER 120Z

MEM ICED TEA
GREEN/BLACK/MINT

MILKSHAKES \$7

ALL OF OUR MILKSHAKES ARE MADE WITH ORGANIC MILK

CHOCOLATE

STRAWBERRY

VANILLA

CREAMSICLE

ORANGE SODA & VANILLA ICE CREAM

ADULT MILKSHAKES \$11

SALTED CARAMEL
VANILLA ICE CREAM, CARAMEL VODKA,
SHOT OF AGUAVERO TEQUILA,
SEA SALT & WHIPPED CREAM

BLACK N WHITE STOUT
VANILLA & CHOCOLATE ICE CREAM WITH LEFT HAND MILK STOUT

THE ALL NIGHTER
VANILLA ICE CREAM, KAHLUA, BAILEYS
& SHOT OF ORGANIC COFFEE

BANANA'S FOSTER PARENT VANILLA ICE CREAM, BANANA, CINNAMON, DARK RUM & WHIPPED CREAM