

TUSCAN HEN MARKET



AT THE STORE

(Cafe Items)

COFFEE AND DRINKS

ESPRESSO
CAPPUCINO
LATTE
SAN PELLEGRINO PRODCUTS

PASTRIES

BAKED GOODS BY *BITS OF YUM*

BITS OF YUM

DOLCE

HOME MADE ITALIAN COOKIES
LEMON OLIVE OIL CAKE
CANNOLI
TIRAMISU

(Made-to-Order Items)

SANDWICHES

ITALIAN BREAKFAST- Salami, Provolone Cheese, Fried Egg, Arugula, Our House Made NUT FREE Pesto On A Freshly Baked Ciabatta Roll.

CHICKEN PESTO - Grilled Chicken Breast with Fresh Mozzarella, Tomato, Arugula and our housemade NUT FREE Pesto On Our Fresh House Baked Ciabatta Roll.

WELLS STREET SUB- Salami, Soppressata, Coppa, Ham and Provolone Cheese with Tomato, Red Onion Lettuce and our house made dressing on fresh Italian Bread.

MRS. MORELLI'S MEATBALL - My Nonni's Meatball Recipe on fresh Italian Bread Topped with Provolone and Parmesan Cheese.

ITALIAN BLT - Grilled Pancetta, Tomato, Arugula, Mayonnaise and Olive Oil On Toasted Italian Sliced Bread.

TUSCAN BEEF- Beef Roasted to perfection with a Fresh Rosemary and Garlic Rub, Caramelized Onions with Taleggio Cheese and Arugula on fresh Italian Bread.

CAPRESE- Fresh Mozzarella, Tomato, Fresh Basil, Arugula and our housemade NUT FREE Pesto On Our Fresh House Baked Ciabatta Roll.

ARTICHOKE - Marinated Artichokes, Fingerling Potatoes, Capers, Lemon Aioli On A Toasted House Made Ciabatta Roll.

SALADS

SPINACH SALAD - Baby Spinach Roasted Sweet Potato, Pistachio Nuts, Dried Cranberries, and Goat Cheese with our house made vinaigrette dressing.

ITALIAN CHOPPED SALAD - Romaie Lettuce, Salami, Artichoke Hearts, Provolone Cheese, Roasted Red Peppers with our Housemade Balsamic Vinaigrette dressing.

LOW-KALE CEASAR - Kale And Our Housemade Low-Cal Caesar Dressing Topped With *Nordic Creamery* Parmesan Cheese.

SOUPS

We will have a new selection for you weekly from the following menu.

- Minestrone
- Chicken Noodle
- Tomato Basil
- Italian Wedding
- Tuscan Bean
- Ribollita (Tuscan Bread Soup)
- Butternut Squash
- Autumn Harvest
- Roasted Red Pepper

TUSCAN HEN MARKET



AT THE STORE OR YOUR LOCAL FARMER'S MARKET (Ready-to-go Items)

FROZEN PIZZA DOUGH:

We do all the messy work. You just take home the dough. Our pizza dough is already kneaded and risen. Just thaw, roll it out and add your favorite toppings for a delicious homemade pizza in minutes.

- Regular
- Whole Wheat

HOMEMADE SAUCES:

Each week we also provide delicious sauces made from scratch. They can be used to make a mouthwatering pasta dinner, or can serve double duty and top a fresh made pizza.

- Marinara Sauce
- Vodka Sauce
- Tuscan Bolognese Sauce
- Neapolitan Sauce
- Pizza Sauce
- Basil Pesto
- Kale Pesto
- Arugula Pesto
- Roasted Red Pepper Pesto

FRESH EGG PASTA:

We make our pasta with the finest organic durum and non-GMO flour we can buy. Nothing beats the taste of freshly made pasta with your favorite sauce.

We start with an egg based pasta using farm fresh eggs. As produce becomes available we rotate in specialty pastas. We purchase the produce right from our local farmers at the peak of their growing season. We support the small local farms as we bring you the freshest ingredients possible. It's a win-win! Here are just a few of our favorites.

- Egg
- Spinach
- Arugula
- Kale
- Garlic Thyme
- Lemon Pepper
- White Wine Saffron
- Sweet Potato
- Carrot
- Pumpkin
- Basil
- Roasted Tomato
- Beet
- Roasted Red Pepper