



BREAKFAST

Broken farro porridge - brown sugar, raisins, almonds

Breakfast sandwich - bacon & onion frittata, cheddar cheese

Breakfast sandwich - spinach & mushroom frittata, provolone cheese

Breakfast sandwich - egg white, spinach & mushroom frittata, provolone cheese

Quinoa breakfast bowl - egg whites, spinach, tomato

Breakfast baguette - fromage blanc, jam

Cinnamon toast - sweet butter, sea salt

Yogurt parfait with seasonal fruit compote and house-made granola

Yogurt parfait with local honey and house-made granola

Seasonal fruit bowl

3 muffins - roasted coconut-cherry; brown sugar banana; rhubarb-ginger streusel

LUNCH

Salads

Organic Mixed greens: roasted grapes, almonds, blue cheese, balsamic vinaigrette

Farmer's market salad: Kale, radicchio, avocado, beets, scallions, walnuts, lemon vinaigrette

Little gem & roasted broccoli caesar: parmesan, black pepper croutons, lemon-anchovy vinaigrette

Marinated quinoa with roasted asparagus - mint, radicchio

Marinated farro & beets - dill, feta

New potato salad - snap peas, parsley

Simple farmer's market greens with sherry vinaigrette



Cold baguettes:

Italian salami with caperberries, mustard and sweet butter

Vegetarian avocado, crescenza cheese, walnut-mint pesto

BETA - bacon, egg, tomato, aioli

Italian tuna salad - albacore, celery, olives, herbs, aioli

Cold deli roll:

Classic chicken salad - pickled onions, fresh herbs

Rare roast beef - blue cheese, horseradish aioli, balsamic onions

Herb roasted turkey breast - crescenza cheese, fruit mostarda

Sliced sandwich bread:

Classic egg salad - fresh herbs, crisp lettuce

Hot sandwiches:

Bacon-wrapped meatloaf - spicy bbq sauce, mozzarella (deli roll)

Roast beef cheesesteak - cheddar, balsamic onions, horseradish

3 Cheese toastie - pickled onions, mustard (sliced sandwich bread)

Vegetarian roasted mushroom & swiss - spinach, roasted garlic (deli roll)

Ham & swiss toastie - grainy mustard, pickled onions (sliced sandwich bread)

Soups

Vegan puree of celery root

Vegan navy bean and kale

Smoked ham & split pea

Dessert/snacks

Panna cotta with seasonal fruit compote

Chocolate pudding with espresso whipped cream

Strawberry trifle parfait

Tea cakes - lemon raspberry (seasonal); dark chocolate; banana bourbon pecan

House-made cookies: chocolate chip pecan; double chocolate coconut almond; oatmeal

sunflower raisin; peanut butter chocolate chip